Learning Objectives

- Describe new technologies and techniques in Orthopaedics
- Identify treatment options for patients with various orthopaedic pathologies
- Discuss research associated with orthopaedic techniques in treating orthopaedic conditions
- Utilize best practice treatment strategies to improve patient outcomes
- Apply current trends in physical and occupational therapy including imaging, rehabilitation advancement, and return to play

Target Audience

The purpose of the 2027 Orthopaedic and Therapy Update is to review current topics, trends and techniques in Orthopaedics. This course is designed for physicians, advanced practice providers, athletic trainers, physical therapists, physical therapy assistants, occupational therapists, occupational therapy assistants, nurses, surgical technologists and others working with Orthopaedic patients.

Credit

This activity has been planned and implemented in accordance with the Accreditation Requirements and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of North Dakota School of Medicine and Health Sciences and The Bone & Joint Center. The University of North Dakota School of Medicine and Health Sciences is accredited by the ACCME to provide continuing medical education for physicians.

The University of North Dakota School Of Medicine and Health Sciences designates this Live activity for a maximum of *8.25 AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Lodging Accommodations

A block of rooms has been reserved through February 5th at a discounted rate of $119/night at the Bismarck Hotel and Conference Center (701-258-7700). When making your reservation please state that you are part of "The Bone & Joint Ortho Update 2027" to receive the group discount.

Registration

The registration fee for the Ortho Update is $225/person and includes access to course material, Friday evening social and dinner, Saturday breakfast, lunch and snacks.

To register, please tear off and mail in the enclosed registration form or register online at www.bone-joint.com.

Cancellation/Refund Policy

A handling fee of $25 is deducted for cancellation. Written refund requests must be received one week prior to the Orthopaedic and Therapy Update. No refund will be made thereafter.

For further information regarding the Orthopaedic and Therapy Update please contact Nicole Dockter at 701-946-7444 or email at ndockter@bone-joint.com

Conference begins at 2:30 pm on Friday, February 19 and includes social and dinner.

Concludes at 3:00 pm on Saturday, February 20.

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The Bone & Joint Center

310 North 9th Street, Bismarck, ND 58501

2027

ORTHOPAEDIC AND THERAPY UPDATE

February 19-20
Bismarck Hotel and Conference Center

Intended for:

- Family Medicine Physicians
- APP's
- Athletic Trainers
- Physical and Occupational Therapists
- Surgical Technologists
- Nurses

30 presentations
22 speakers

Conference begins at 2:30 pm on Friday, February 19 and includes social and dinner.

Concludes at 3:00 pm on Saturday, February 20.

Presented by:

The Bone & Joint Center

310 North 9th Street, Bismarck, ND 58501

Agenda for Friday, February 19, 2027

12:30-2:30 PM Registration

2:30 PM **Announcements and Pre-Test**

2:45 PM **Foot and Ankle**

- Ankle Arthritis (C Carlson)
- Surgical Treatment of Foot and Ankle Tendinopathies (C Carlson)
- Postop Care Following Foot and Ankle Tendon Surgery (L Westin)
- Ankle Sprains (R Malm)

3:45 PM **Knee and Hip**

- Greater Trochanteric Pain Syndrome (K Axtman)
- Current Weight Loss Medications (Tamara Ruggles, Pharm D)

Break 15 Minutes

- Getting Patient Ready for Joint Replacement (E House)
- Surgical Approaches for TKA (J Carlson)
- What's the Future in Joint Replacement (D Cote)
- What is New in Lumbar Spine Surgery (J Kusler)

Round Table on Lower Extremity (T Bopp to moderate)

6:00 PM **Post-Test Day One and Evaluation**

6:15 PM **Supper, Social to follow Bismarck Hotel and Conference Center**

The *Bone & Joint Center* is approved by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers.

Agenda for Saturday, February 20, 2027

7:30 AM Breakfast available

8:00 AM **Announcements and Pre-Test**

8:15 AM **Elbow and Shoulder**

- Tendinopathies at the Elbow (B Gailfus)
- Shoulder Impingement; Conservative Treatment (J Gerrity)
- Adhesive Capsulitis (T Sullivan)
- Surgical Treatment for Shoulder Impingement/Rotator Cuff Tears (D Ackerman)
- Reverse Total Shoulder Arthroplasty (T Pierce)
- Conservative and Post-Op Care for the Arthritic Shoulder (E House)

9:45 AM **Round/Table on Shoulder 2027**

10:15 AM **BREAK**

10:30 AM **Cervical Spine**

- Conservative Management of Cervical Spine Disorders (M Schumacher)
- Imaging of the Cervical Spine (L Roller)
- Surgical Options for Cervical Spine Disorders (S Krajlic)
- Management of the Post-Surgical Cervical Spine {L Westin)
- Management of the Post-Surgical Lumbar Spine (K Axtman)

12:00 PM **LUNCH**

1:00 PM Orthopedic Trauma (B Axtman)

1:15 PM **Return to Play**

- Proprioceptive Training Following Lower Extremity Surgery (M Meduna)
- Finding the Quad After Injury/Surgery (K Hadley)
- Objective Testing for Return to Sport (M Meduna)
- Meniscus Lesions; Repair or Meniscectomy? (T Juelson)
- Rehab after Meniscus Repair (R Malm)
- Treatment of FAI and Hip Labral Disorders (T Juelson)

2:45 PM **Post-Test and Evaluation**

3:00 PM **Adjournment**

Your 2027 Presenters:

Duncan Ackerman, MD
Ben Axtman, MD
Kevin Axtman, PT
Timothy Bopp, MD
Chad Carlson, MD
Joseph Carlson, MD
Derrick Cote, MD
Ben Gailfus, OT
Josh Gerrity, OT, CHT
Kaelie Hadley, PT
Erin House, PT
Tim Juelson, MD
Steven Kraljic, MD
Jace Kusler, MD
Ryan Malm, PT
Miranda Meduna, PT
Troy Pierce, MD
Luke Roller, MD
Tamara Ruggles, Pharm D
Matt Schumacher, PT
Terri Sullivan, OT, CHT
Lesley Westin, PT

2027 ORTHOPAEDIC AND THERAPY UPDATE Registration Form

February 19-20
Bismarck Hotel
Dakota Ballroom

☐ **General Registration $225**

METHOD OF PAYMENT (Check one)

☐ **Registration via check**
(make checks payable to The Bone & Joint Center)

☐ **Registration via Credit Card**

☐ Visa ☐ Master Card ☐ Discover

Name as shown on Credit Card:_____

_____

Credit Card Number: _____

Expiration Date: _____

3-digit security code: _____

Signature: _____

Credit Card Zip Code:_____

Attendee's Name: _____

Home Address: _____

_____

_____

Email: _____

_____

Cell Phone: _____

Work Facility Name & Address: _____

_____

_____

Work Phone: _____

Job Title (required): _____

All lines must be completed for continuing education credits

Register and pay online at www.bone-joint.com/ortho-update-2027 or mail registration form and payment to Ortho Update, The Bone & Joint Center
300 N 9th Street, Bismarck, ND 58501

Registration and payment must be received by February 5, 2027.